

PWOC PRAYER IDEAS

These are ideas, submitted by various PWOC ladies, to encourage your PWOC women in prayer.

PWOC Prayer Acronyms

Pray
Radically
All
Year
Expecting
Repentance, reconciliation, renewal, revival...

Pray
Until
Something
Happens

PWOC Prayer Helps

1. Keep a prayer journal. This can help keep you focused, serve as a reminder of things you have prayed for, and encourage you when you see the prayer answered.
2. Collect prayer quotes. Here are a few to start with...
"Some people think god does not like to be troubled with our constant coming and asking. The way to trouble God is not to come at all." D.L. Moody
"The one concern of the devil is to keep Christians from praying. He fears nothing for prayerless studies, prayerless work, prayerless religion. He laughs at our toil, mocks at our wisdom, but trembles when we pray." Samuel Chadwick
3. Go on Prayer Walks. Get a group of women together and walk around a certain area praying as you go. This is a great way to pray for your Chapel, community and schools. (It's also a great way to get exercise!) Perhaps Drive-by Praying would work for your group. As you drive around, pray for the different "buildings" you go by (or pull over and take a minute to pray for them if it's safe to).
4. Share your answers to prayer. Follow-up. If you asked for prayer, report on the answer. If you prayed for someone, ask for a report or an update. It is an encouragement to see God answer prayers – even if we didn't expect that particular answer!
5. Find a Prayer Partner. The Bible tells us "Again, I tell you that if two of you on earth agree about anything you ask for, it will be done for you by my Father in heaven. For where two or three come together in my name, there am I with them." Matthew 18: 19,20
6. Attend a Prayer Breakfast. Don't just assume it's only the Chaplain that needs to be there!
7. Get hooked up with other prayer groups. Houses of Prayer Everywhere, Pray USA, and National Day of Prayer.
8. Make use of "objects" during prayer time. *Prayer cards* – list prayer request on the card and then trade it with someone else to pray for each other during the week. *Prayer mugs* – bring a special mug and inside put a piece of paper with your info on it: name, family members, specific requests; trade mugs so that every time you use or see that mug it is a reminder to pray for that special person. *Prayer Poles* – attach postcards of various places to a pole (dowel stuck in some clay or a pot) in the center of the table. On the back of the postcard write a need for that area and ask ladies to take the postcard home and pray for that place and need. (This would be great to encourage ladies to pray for other countries or cities.)
9. Use Responsive Readings and Scripture Prayers during your prayer time. Insert your name or someone else's name into the scripture.

10. Pray Immediately. Do it when it comes to mind, not later – you might forget☺
11. Seal your Day in prayer. Pray first thing in the morning and last thing at night.
12. Set aside time to pray and guard it. Make it a priority in your day and PWOC!
13. Provide yourself and your PWOC ladies with a list of scriptures to pray.
14. Find the joy in a “Dust-rag” prayer. Sometimes we long to do more than “just” pray for someone. Pick up a dust-rag and go dust their house, praying for them as you do it. The same goes for doing their dishes, watching their kids, cooking them a meal, playing chauffeur, or any other type of helps ministry. Just use it as an opportunity to put hands and feet to your prayer!
15. Ask Board members to pair up at the start or end of your Board meeting for prayer. Those partners then call each other every Monday (to pray) until the next board meeting. This is a great way to get to pray with all of the ladies on your board (or most anyway).
16. Check out some Books on prayer. Here are some that were recommended:
 - “31 Days of Prayer” by Warren & Ruth Myers
 - “The Power of a Praying Parent” by Stormie Omartian
 - “The Power of a Praying Wife” by Stormie Omartian
 - “Margin” by Dr. Richard A. Swenson
 - “What Happens When Women Pray” by Evelyn Christenson
 - “Too Busy Not to Pray” by Bill Hybels
 - “Face to Face” by Kenneth Boa
 - “Praying God’s Word” by Beth Moore
17. Participate in or start a Bible Study on Prayer. “Becoming a Woman of Prayer” by Cynthia Heald is an excellent one.
18. Subscribe to “PRAY!” magazine, published by the Navigators.

A Woman’s Prayer

DEAR LORD:

SO FAR TODAY, I AM DOING ALL RIGHT. I HAVE NOT GOSSIPED, LOST MY TEMPER, BEEN GREEDY, GRUMPY, NASTY, SELFISH OR SELF INDULGENT. I HAVE NOT WHINED, CURSED OR EATEN ANY CHOCOLATE. HOWEVER, I AM GOING TO GET OUT OF BED IN A FEW MINUTES AND I WILL NEED A LOT MORE HELP AFTER THAT.